



Spring Edition 2023

DEFENCE SPECIAL NEEDS SUPPORT GROUP



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Defence Special Needs Support Group Inc

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Email: Nationalcommittee@dsnsg.org.au
Website: www.dsnsg.org.au

NATIONAL COMMITTEE

Welcome to the Spring edition for 2023.

A lot has been going on behind the scenes here at DSNsg these last few months!

The National Executive Committee (NEC), and I have been working on implementing a new memberships database. Whilst we go through this transition, members will be contacted to make sure their information in the new database is up to date.

The new website design is also coming along well. Please note whilst we are in this transition period between websites, information on our current website may not be the most up to date.

DSNSG is excited to announce two new Local Area Coordinators to our organisation, Please join us in welcoming Fiona as the Nowra Coordinator and Rikki-Lee as the Adelaide Coordinator.

If you, or someone you know may be interested in becoming a Coordinator, please contact the NEC for more information, we currently have vacancies in several locations around the nation.

In August, the NEC, our Ambassador and I all attended conference together in Brisbane, it was great to come together and discuss ideas and the future ahead for DSNsg, we are all excited for things to come and can't wait to share them with you in the near future.

Enjoy the weather as it slowly starts to warm up, I know I am looking forward to it.

Trich

NALO

September 2023

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Remembrance Day

Remembrance Day falls on the 11th of November each year.

On the 11th hour on the 11th day of the 11th month, a minutes' silence is observed and dedicated to those soldiers who died fighting to protect the nation.

In Australia and other allied countries, including New Zealand, Canada and the United States, 11 November became known as Armistice Day – a day to remember those who died in World War One. The day continues to be commemorated in allied countries.

After World War Two, the Australian Government agreed to the United Kingdom's proposal, Armistice Day be renamed Remembrance Day to commemorate those who were killed in both World Wars. Today the loss of Australian lives from all wars and conflicts is commemorated on Remembrance Day.

Why is this day special to Australians?

In 1997, Governor-General Sir William Deane issued a proclamation formally declaring 11 November to be Remembrance Day, urging all Australians to observe one minute silence at 11.00am on 11 November each year, to remember those who died or suffered for Australia's cause in all wars and armed conflicts.

On 11 November at 11.00am, we will pause to remember all of the men and women of the Australian Defence Force who have made the ultimate sacrifice.

We will remember them. Lest we forget.

The tradition of Poppies

Traditionally poppies are worn on Remembrance Day. The tradition has its origins in a poem written in 1915 by Lieutenant Colonel John McCrae, '*In Flanders Field*' who was inspired by the thousands of red poppies growing across the battlefields of the Western Front:

'In Flanders Field'

*In Flanders fields the poppies blow
Between the crosses, row on row
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.
Take up our quarrel with the foe;
To you, from failing hands, we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep,
though poppies grow
In Flanders fields.*

Supporting Partners

DSNSG have several Supporting Partners, who help contribute to our programs and the running of DSNSG.

These are:

- Defence Member and Family Support
- APS Benevolent Society
- Defence Health
- Navy Health
- Defence Housing Authority
- Toll Transitions
- Defence Bank
- Australian Military bank

We thank them for their ongoing support.



Australian Government

Defence

Our programs

Computer for Kids

Computer 4 Kids(C4K) is a program aiding with the purchase of an iPad for families to use to support their child and/or children with Special Needs.

To find out more,
Email: computer4kids@dsnsg.org.au

Proudly Sponsored by: Defence Health

Drive Safe

Our Drive Safe Program is primarily to assist and help members of our DSNsg families with ASD and ADHD, to gain confidence and self-esteem when learning to drive.

This program was developed as DSNsg saw a need for teenagers with special needs requiring specialised training and assistance to gain their driving licence.

To find out more, Email: drivesafe@dsnsg.org.au

Proudly Supported by: Australian Military Bank.

Family Events

Your local area coordinator has the responsibility of organising these events. Details will be forwarded via local newsletters, emails and in the DSNsg Facebook group.

Some examples of family events are:

- Locally based coffee catch ups
- Family fun days
- Movie nights and more!

For more information, please contact your local area coordinator or

Email: nationalcommittee@dsnsg.org.au

For Your Information

The For Your information (FYI) is a DSNsg Program assisting families to network and develops support structures.

The program provides financial support and the opportunity for families to attend workshops, seminars, webinars, and order resource books.

To find out more, Email: fyi@dsnsg.org.au

Access to Grants

APS Benefits Group (APSBG) is an Australian mutual (owned by over 25,000 members) which offers simple financial services to help you stay on top of your money.

APSBG is proud to offer financial assistance of up to \$4000 to cover the expenses to obtain equipment or other particular requirements relating to the person with special needs.

To find out more about membership of APSBG go to:
www.apsbenefitsgroup.com.au

To apply for a Grant please email:
national.coordinator@dsnsg.org.au

Proudly Supported by: APS Benefits Group (APSBG)

Please note, programs shut down for EOFY and Christmas periods



Dependant with Special Needs Program Name change

As part of the recent changes resulting from the modernisation project the Dependents with Special Needs (DWSN) program team has undergone a name and email address change.

The DWSN program is now Families with Special Needs team (FWSN) and specialneeds.families@defence.gov.au is the team's new email address, please ensure all enquiries and applications relating to special needs are directed to this updated email address.

In addition, the AC832 application form has been updated to reflect language changes and streamline the application process.

The AC832 form is now the only application form required for special needs families who can apply for recognition and/or support measures under PACMAN chapter 8, part 6. The previous AF098 form will soon be abolished.

Head to [Families with special needs | ADF Members & Families | Defence](#) for more information. Or call their 24/7 Helpline 1800 624 608.



PostingConnect

PostingConnect is a new and exciting platform designed and developed by Defence which provides a single location from which ADF members, and their nominees can manage a domestic posting.



When the PostingConnect team sat down and spoke to ADF members and their families they frequently heard about the complexities and difficulties associated with posting. These were even more prominent for those posting for the first time. This resulted in a vision to provide a simple, intuitive, and integrated platform called PostingConnect to guide members and their families through the posting process.

Upon accessing PostingConnect for the first time, the member will be asked some quick questions about their posting requirements, so they are provided with the tasks and information relevant to them. They will then be able to invite a 'nominee' which can be a partner, family member, colleague, or friend to assist them with their posting. Their nominee will be provided with their own account to access PostingConnect, and through PostingConnect can then access Toll and DHA sites.

All full time ADF members who will be undertaking a domestic posting which involves a relocation should look out for an email on the Defence PROTECTED Network from PostingConnect inviting them to use this new platform.

To find out more, visit the [PostingConnect website](#).



AVCAT SCHOLARSHIPS

Tertiary scholarships for children and grandchildren of Australian ex-serving veterans

\$4000—\$6000 a year, for 3 years

Eligibility includes Australian residency, child or grandchild of an Australian ex-serving veteran, full-time tertiary student in 2024 enrolled in a minimum one-year course at uni, TAFE or RTO and in receipt of, or eligible to receive, a means-tested Commonwealth educational benefit - Youth Allowance, ABSTUDY, or Veterans' Children Education Scheme (VCES)

Applications open Vietnam Veterans' Day
18 August 2023
And close midnight 31 October 2023

Apply online at
avcat.org.au

Australian Veterans' Children Assistance Trust (AVCAT)

AVCAT scholarships include Long Tan Bursaries and sponsored scholarships.

Sponsored scholarships are for the children and grandchildren of ex-serving veterans. Long Tan Bursaries are for the children and grandchildren of Vietnam Veterans and are available in each state and territory. The Long Tan Bursary is funded by the Australian Government Department of Veterans' Affairs.

AVCAT sponsored scholarships are funded by ex-service organisations and private donors.

These scholarships are for children and grandchildren of ex-serving veterans.

All bursaries and sponsored scholarships are for tertiary education and are \$4000-\$6000 per year, for up to three years.

For more information about the scholarships and eligibility criteria, please see [Australian Veterans & Children Assistance Trust \(avcat.org.au\)](http://AustralianVeterans&ChildrenAssistanceTrust(avcat.org.au))



Children's Family Resilience Programs



The Children's Family Resilience Programs are free, research-based resources for:

- Children (2-12 years)
- Parents and carers
- Educators
- Support Workers

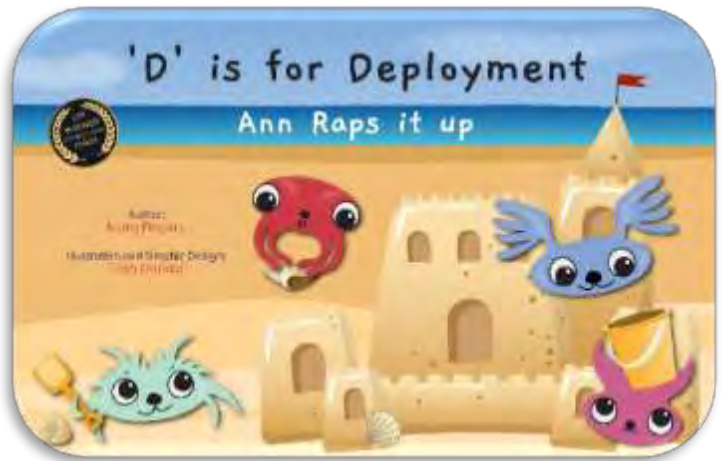
The resources support children from Defence and Veteran families with the unique stresses of military family life using and strengths-based approach to improve resilience. They are written by researchers, those with lived experience and the organisations who support them. Our team

initially created resources for children aged 2-8 years but are now expanding to offer resources for older children. All resources are free, however, royalty-free [printed versions](#) of the books are commercially available.

The research-based resources include:

1. [Children's resources](#):

- **Children's award-winning storybooks:** 12 books which cover various aspects of Defence and Veteran life (parent's deployments and training, commemorations, parent's service-related injuries, medical and mental health conditions).
- **Accompanying educational activities:** downloadable for each storybook (puzzles, puppets, educational games, storytelling and role play activities, activities to improve language, literacy and numeracy).
- **Personalised storybooks:** using these stories, we have created templates to create personalised storybooks.
- **Audio and video read-along recordings**
- **Key Word Signing** video recordings of the books (especially useful for children with hearing impairment, language delays and autism).
- **Children's award-winning interactives:** 8 interactives to use once they are familiar with the storybooks.

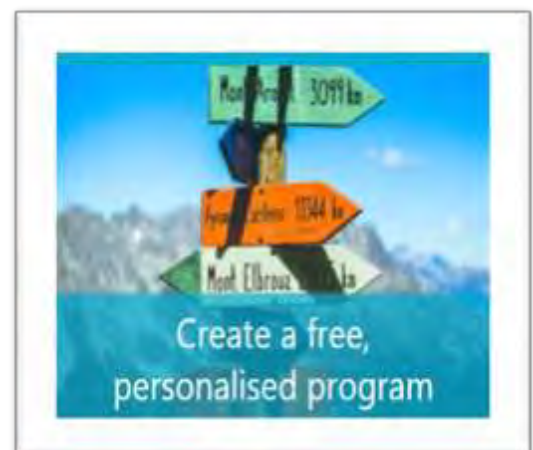


- **Activity books:** to assist children with tricky aspects of military family life (e.g., relocations).
 - **Musical and visual arts activities.**
 - **Activity books:** downloadable books to personalise.
 - **Project books:** to support children's communication and relationship with their Defence parent as they transition in and out of the house.
 - **Catch-up lessons:** to support children's learning as they move between state and territory education systems.
2. [Parent's online learning modules](#) with practical strategies to support children.

3. [Educator's](#) and [support worker's](#) online learning modules to assist their understanding of the unique aspects of Defence and Veteran family life.

Personalised programs

From June (2023), CFRP are piloting a new database retrieval system which can create [free personalised programs](#). This helps you navigate the resources quickly to find specific resources to suit your child's and family's particular needs.



Upcoming Events around the Nation



Multiple Dates

Beach Volleyball 6 Week Program - Newcastle NSW

Location

📍 Nobbys Beach

Nobbys Road Newcastle East, NSW 2300

About this event

We would like to invite all members of our defence community to join us for a 6 week Beach Volleyball program on Nobbys Beach, Newcastle. Hunter Volleyball will lead the program and provide coaching and equipment.

This program is for the whole family so come on down and spend Wednesday evenings with us on Nobbys Beach!



Date and time

📅 Starts on Sun, 8 Oct 2023 1:30 PM AEST

Location

📍 YMCA Springfield Central Community Centre
(34A Parkland Drive Springfield Central, QLD 4300)

Invictus Australia and Defence Health are coming together and are inviting our Defence Community to come along and enjoy a day out with a variety of activities all in the one place!

Have you tried pickleball? What about wheelchair rugby league? Do you know the rules to table tennis? Try your luck at the inflatable axe throwing! We will also have facepainting, foosball, gift bags and more....

So why not join us? You'll have the opportunity to chat to the sporting groups and ex-service organisations while snacking on popcorn and fairy floss!

Sunday, 8 October


Defence Community Day - Springfield, QLD

Thursday, 7 September

Invictus Games Celebration - Toowoomba, QLD

Let's wish our Invictus Games competitors well on their journey to Dusseldorf!


Date and time

 Starts on Thu, 7 Sep 2023 4:00 PM AEST

Veterans and their families are invited to join Invictus Australia to celebrate #TeamAustralia. There will be complimentary food, lawn games and FREE inflatable archery courtesy of South QLD Archery. Come and give it your best shot and win a prize!

Let's get behind Australia's 31 competitors and wish them well on their games journey!

Location

 Tailgate Sports Bar
15/470 Ruthven Street Toowoomba, QLD 4350



R U OK? Day

Thursday 14 September 2023 is a national day of action dedicated to reminding everyone every day is the day to ask, "Are you OK?" and support those struggling with life's ups and downs.



JOIN THE CHALLENGE TO SUPPORT AUSSIE VETERANS

Going the distance for Aussie veterans – will you join the challenge?

National military charity Bravery Trust is calling on volunteers to set a distance challenge during September and October as way of showing support for all who serve in the Australian Defence Force. Run, walk, wheel or swim to raise funds and awareness for Aussie veterans requiring financial assistance as part of the 4th annual Bravery Trek.

Being the fourth year of Bravery Trek, the theme is 4 marathons in 44 days –or you can set an individualised target. Bravery Trust CEO Belinda Wilson encouraged veterans to unite with the broader community to show pride and gratitude for our veterans.

"It is everybody's responsibility to recognise the unique service of our ADF members and the sacrifices made by the members and their families," Ms Wilson said.

"Bravery Trek celebrates their contribution to our nation – and also raises funds and awareness for Aussie veterans who need financial support."

Bravery Trek is aligned to Veterans' Health Week, commencing September 17 and ending October 31.

Being a virtual trek, participants can complete the challenge any way, in any location. Take the theme a little further and sign up with 4 friends to share the distance challenge of 4 marathons!

"Our veterans are some of the proudest people and we know that first step, reaching out for help, can be the hardest," Ms Wilson said.

"But sometimes life throws unexpected challenges - large bills which can be difficult to navigate when income is impacted by injury or illness."

"As an independent charity, Bravery Trust can provide emergency funding to veterans who've been injured or sustained illness during service and face hardship."

"We also provide preventative and mentoring programs, through financial counselling and financial education to build financial resilience."

Ms Wilson said Bravery Trek was not only a fundraiser – it initiates conversations about what it means to serve and the challenges facing contemporary veterans.

"While mental health conversations are slowly becoming more common – the stigma surrounding financial discussions does unfortunately remain."

"We want the community to start talking about finances – the impact of financial stress on veteran wellbeing, marriage breakdowns, families and, importantly, the links between financial stress and veteran suicide rates."

Our service is free, independent and confidential. Contact us if you are a current or ex-serving member of the Australian Defence Force and are in hardship and are finding it difficult to navigate debt.

Also contact us early - when financial circumstances are about to change - any time when finances are becoming a stress point.



Photo caption:

A group of veterans and supporters got together on launch day last year and completed the entire Trek distance in one day!

Bravery Trek is a virtual challenge, meaning you can run, walk, ride or swim anywhere, anytime between September 17 and October 31 – complete the Trek Challenge with your friends or individually.

ABOUT BRAVERY TRUST

Bravery Trust is a national military charity which provides urgent financial aid to current and ex-serving members of the Australian Defence Force in times of hardship.

Bravery Trust also provide preventative and mentoring programs, through financial counselling and education, to reduce or avoid the stress of hardship.

Their service is free, confidential, and independent of the ADF.

They work closely with other agencies to target our resources and fill a gap in the veteran eco-system.

Financial Aid

Bravery Trust provides an immediate financial safety net to veterans injured during service and their families. Working swiftly to address the immediate crisis then work longer term with veterans and their families to build confidence and skills for a financially sustainable future.

The top four requests are rent/bond, removals, motor vehicle expenses and health.

Financial Counselling

Bravery Trust's veteran-specific Financial Counselling Service (FCS) is free to all current and ex-serving members of the Australian Defence Force.

The FCS built on a deep understanding of Defence and the veteran support system.

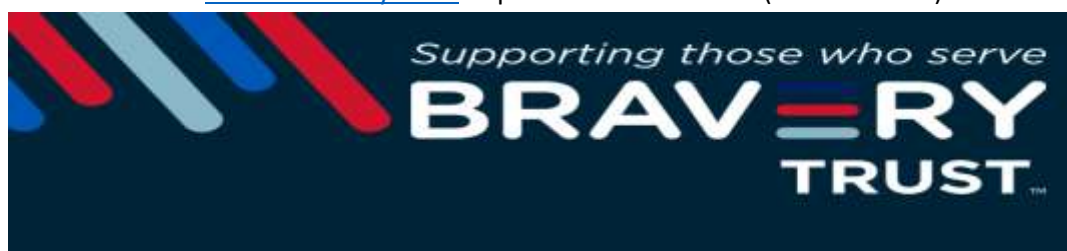
Early conversations can reduce the impact and stress of hardship.

Financial Education

Transitioning to civilian life can catch veterans off guard. Our Financial Fitness program helps prepare for additional costs beyond ADF life.

Bravery Trust can also help plan for future expense like buying a home or starting a family.

For more information head to [Home - Bravery Trust](#) or phone 1800 BRAVERY (1800 272 837).



Veterans' Health Week – 8-15 October 2023

This year, Veterans' Health Week (VHW) is being held from 8 to 15 October 2023 and is themed *Mental Wellness Matters*.

The theme aims to promote good health and wellbeing in the everyday life of veterans and families and shines a spotlight on the importance of mental health.

For more information [Veterans' Health Week – 8-15 October 2023](#)

MILLIONS OF REASONS Oct 6

World Cerebral Palsy Day

World Cerebral Palsy Day, which occurs annually on **October 6**, reminds us that there over 17 million people impacted by this disorder.

In Australia there are approximately 34,000 people with cerebral palsy. Worldwide, the incidence of cerebral palsy is 1 in 700 births. There are currently 17 million people in the world who have cerebral palsy.

For most people with cerebral palsy, the cause is unknown. There is no known cure for cerebral palsy.

CP is one of the most common physical disabilities affecting the most vulnerable among us — children.

This year, become a catalyst for change to help improve the lives of those with cerebral palsy.

For more information | [Home - Cerebral Palsy Alliance](#)
[World Cerebral Palsy Day – October 6th \(worldcpday.org\)](#)

World Spine Day, organised and coordinated by the World Federation of Chiropractic, is a part of the Global Alliance of Musculoskeletal Health's Bone and Joint Decade Action Week, which occurs each year in October.

World Spine Day has been celebrated since 2008, with **October 16**, 2023, marking the fifteenth official World Spine Day.

World Spine Day partners with people and organisations around the world to highlight the burden of spinal pain and disability, promote public health and advocate for the prevention and effective management of back pain and other spinal conditions.

For more information head to [World Spine Day – Celebrating spinal health awareness worldwide](#)



For more information head to [ADHDAwarenessMonth 2023](#).



Saturday, 16 September

Disability Pride Fest 2023

Disability Pride Sydney returns with song, dance, speeches, interactive crafts, and stalls. Join us!!

When and where



Date and time

Sat, 16 Sep 2023 11:00 AM - 2:00 PM AEST



Location

Ashfield Civic Centre Forecourt
 260 Liverpool Road Ashfield, NSW 2131

[Disability Pride Fest 2023 Tickets, Sat 16/09/2023 at 11:00 am | Eventbrite](#)
[Disability Pride Sydney – Australia's Home of Disability Pride](#)

 September 2023 Camps & Activities				
ACT	Activity Days	16/9 - Movie Palace 25/9 - Alpaca Magic	Camp	No camp scheduled
NSW	Activity Days	9/9 - Beauty & The Beast Musical Sydney 26/9 - VR Kingdom Sydney	Camp	22/9 AGH Camp Sydney
NT	Activity Days	9/9 - Top End Critters, Darwin 23/9 - Minute-To-Win-It Games Workshop Darwin	Camp	No camp scheduled
QLD	Activity Days	23/9 - Go Karting Laser Tag, Cairns 30/9 - Karate Academy, Bris	Camp	15/9 Kokoda Park Camp, Brisbane
SA	Activity Days	9/9 - Gorge Wildlife Park	Camp	22/9 Woodhouse Manor Camp
VIC	Activity Days	16/9 - Collingwood Children's Farm	Camp	No camp scheduled
WA	Activity Days	2/9 - Humpback Whale Watch tour	Camp	15/9 Bickley Camp

Kookaburra Kids come from many different backgrounds and experiences; there is no 'one way' to describe them all.

While all Kookaburra Kids have a family member with mental illness it does not mean their experiences and presentations will be the same.

As a diverse group, these children and young people have different needs and challenges.

Currently supporting over 2,000 young people across Australia, the program enables young people to connect with other kids just like them, share experiences in an age-appropriate environment, ask questions and gain support.

The kids are able to be with other kids with similar family situations and begin to feel they are not alone anymore.

The Australian Kookaburra Kids Foundation delivers free day activities and camps for young people aged 8-18 who are experiencing family mental illness.

They aim to empower young people to build resilience, lifelong knowledge, skills and abilities so they can reach their potential.

Kookaburra Kids provides a simple referral service, along with a range of resources.

For more information, please visit [Kookaburra Kids](https://www.kookaburrakids.org.au)

 October 2023 Camps & Activities				
ACT	Activity Days	27/10 Paint Along Workshop	Camp	13/10 Outward Bound Camp
NSW	Activity Days	14/10 Glenworth Valley Outdoor Adventures, abseiling+ laser tag	Camp	20/10 CCC Central Coast Camp
NT	Activity Days	21/10 Paint & Create, Darwin	Camp	No Camp Scheduled
QLD	Activity Days	8/10 Australia Zoo 14/10 Ninja Parc, Townsville 28/10 Australia Zoo	Camp	No Camp Scheduled
SA	Activity Days	4/10 Bounce Greenacres	Camp	27/10 Mylor Adventure Camp
Vic Tas	Activity Days	7/10 GRSC Sports Clinic, Sale 14/10 Archie Brothers, Melbourne 28/10 Bounce Inc & Rockit Climbing Hobart	Camp	No Camp Scheduled
WA	Activity Days	1/10 Whale Watch Tour 8/10 Optus Stadium Tour 28/10 AQWA, Hillarys	Camp	No Camp Scheduled

The official relay route for The Legacy Centenary Torch Relay 2023 presented by Defence Health.

The torch will travel on a remarkable journey spanning over 50,000 kilometres through 100 locations, with 57 Relays (satellite events) over the six-month campaign.

Starting in Pozieres, France on 23 April, in the lead up to ANZAC Day.

The torch will then travel to Belgium and onto London before arriving in Albany WA on 3 May.

The torch will traverse throughout local towns and cities across Australia, visiting all 44 Legacy Club locations, concluding in Melbourne on 13 October 2023.

To track the torch, download the Legacy 100th Torch Relay app on your mobile.



AUSTRALIAN CAPITAL TERRITORY

- Canberra – Mon August 28, 2023

VICTORIA

- Mildura – Tues September 5, 2023
- Horsham – Thurs September 7, 2023
- Ararat – Sat September 9, 2023
- Hamilton – Mon September 11, 2023
- Warrnambool – Wed September 13, 2023
- Colac – Fri September 15, 2023
- Geelong – Sun September 17, 2023
- Ballarat – Tues September 19, 2023
- Bendigo – Thurs September 21, 2023
- Shepparton – Sat September 23, 2023

- Mornington Peninsula – Wed September 27, 2023
- Sale – Thurs September 28, 2023

TASMANIA

- Launceston – Tues October 3, 2023
- Ouse – Wed October 4, 2023
- Hobart – Thurs October 5, 2023

MELBOURNE

- Melbourne – Thurs October 12, 2023
- Shrine of Remembrance (finale) – Fri October 13, 2023

For more information on the Legacy Torch Relay, please visit [Home - Legacy Torch Relay](#)



Open Arms makes it easy to get support for yourself or someone you care about.

They provide free and confidential counselling, group programs and peer support to anyone who has served at least one day in the Navy, Army or Air Force, and their families.

Speak to them by calling 1800 011 046 or visiting one of the [offices](#). Or, if you use the [online contact form](#), they will make contact by phone or email.



Resource for Defence and Veteran carers

Many carers don't realise they are one, and carers within the Australian Defence Force (ADF) or those who care for current or former ADF members are often overlooked and under-identified.

Around one in eight current or former ADF personnel have a partner, parent, sibling or child who provides care and support for them because of disability, long-term health conditions or old age.

Although the ADF and Department of Defence provide some support, there is limited available which is specific for carers.

This is why, with funding from the Department of Defence, Carers Australia developed the [Defence and Veteran Carers Network](#). This web hub provides support, resources and an advocacy platform for this unique group of carers.

Carers Australia is also collecting stories to highlight the voices of Defence and veteran carers to help raise awareness of their important role and unique challenges, through written content and an upcoming podcast.

Find out more at the [Defence and Veteran Carers Network](#).



Defence Member and Family Helpline

If you need support, advice or someone to talk to contact the 24/7 Defence Member and Family Helpline on 1800 624 608 or email memberandfamilyhelpline@defence.gov.au.

The Helpline is staffed 365 days a year by qualified human services professionals, including social workers and psychologists, who can provide assessment, emotional support, crisis intervention services, advice or referral, depending on the member or family's needs.

[Defence Member and Family Information Guide](#) | [About](#) | [Defence](#)

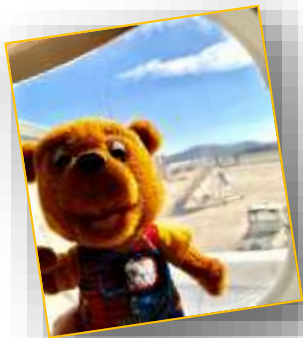


Soldier On is a not-for-profit organisation delivering holistic support services that enable current and former Australian Defence Force personnel, and their families, to lead meaningful civilian lives.

Soldier On offers a range of regular fitness and family events. Details of all events can be found at [Soldier On Australia](#).

If you are interested in attending or require further information on these events, please email activities@soldieron.org.au

Please note you must register with Soldier On to attend events.



Henry S. Bear Adventures

Do you have a Henry S. Bear?
We'd love to see your photos of your Henry out and about supporting you.
Email them to nalo@dsnsg.org.au.

Henry S. Bear joining our National Coordinator and myself
on our flight to Brisbane for the NEC Conference in August.



VOLUNTEERS NEEDED

Would you like to help other Defence families with Special Needs?
We are currently looking for new volunteers.
Full training is provided.
If you are interested in finding out more about the positions available.

Please email the National Executive Committee (NEC) with an expression of interest to:
nationalcommittee@dsnsg.org.au



*The information within this newsletter is sent out on behalf of other agencies and groups.
It does not necessarily indicate DSNSG's support or involvement.
The intention is to provide information to readers so they can research its suitability for them individually.
If you no longer wish to receive this Newsletter, please email your request to nalo@dsnsg.org.au*

Kids Corner



Corny Dad Joke's

Where does a ghost go on Holiday?
Mali-boo!

*What do witches use to keep
their hair up?*
Scarespray!

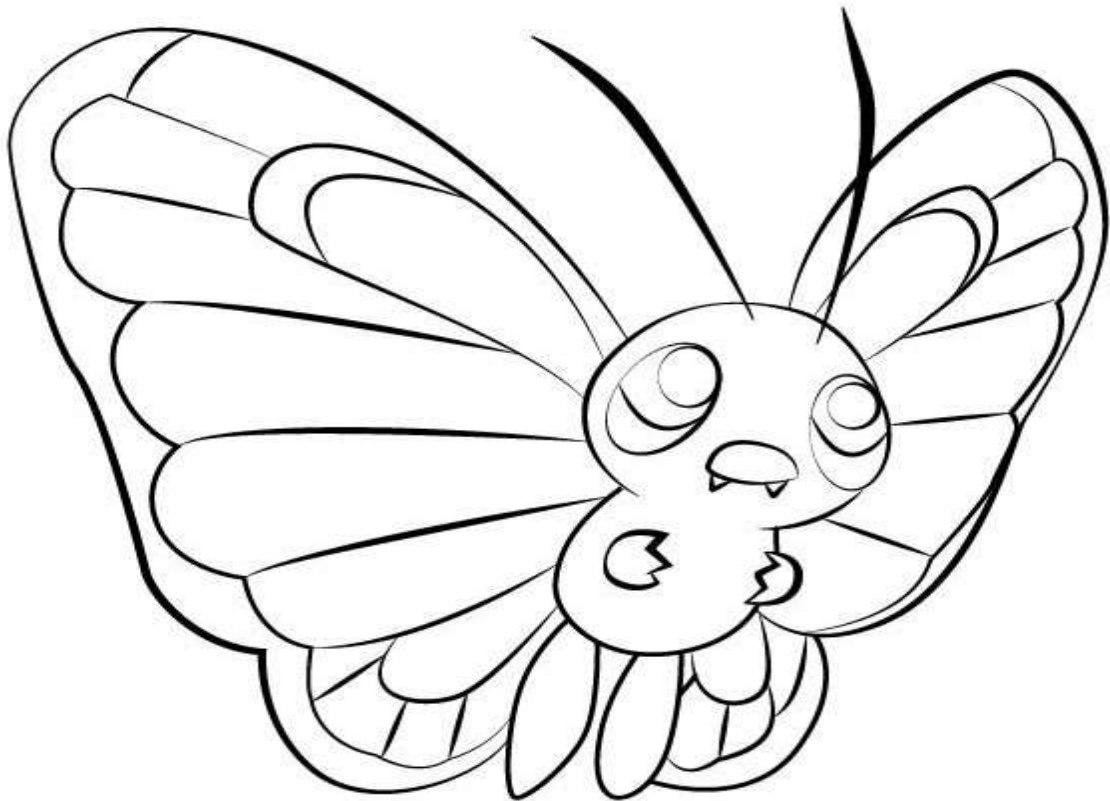
What is a cats favourite colour?
Purrrrrrrrrrrrrrrrrrrrrple!

How do you get a mouse to Smile?
Say Cheese!

*What did the broccoli say to the
Cauliflower?*
Ah there's a Ghost!



HAHAHA!



How to make a paper Poppy

Heres what you will need

1 x Red A4 paper

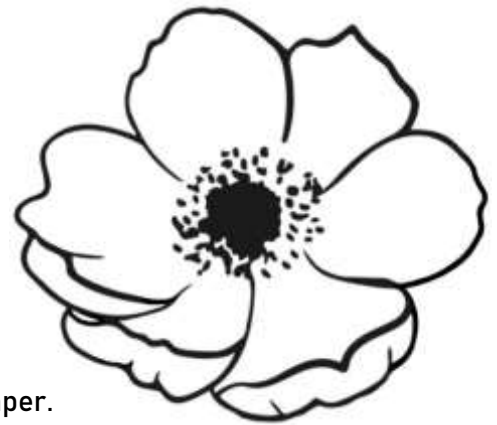
1 x Green pipe cleaner

Scissors

Glue

Pencil

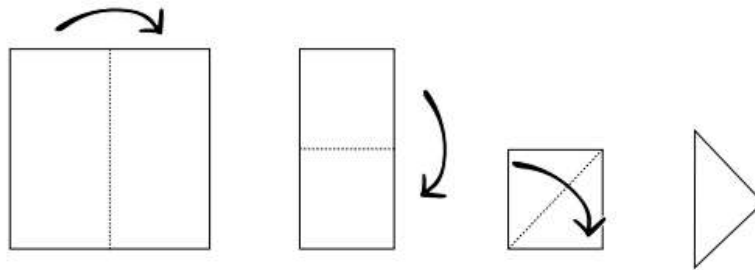
Ruler



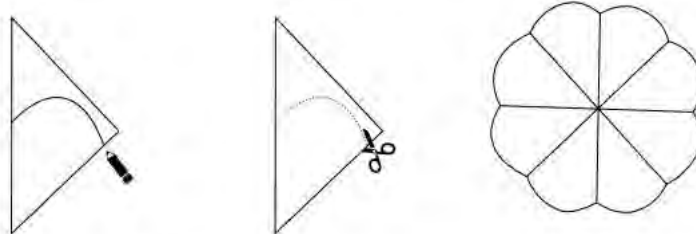
How to assemble the Poppy

Step one: Measure and cut two 10x10cm squares from the red paper.

Step two: Fold a square into quarters, then fold once again on the diagonal. You should be left with one edge which is open

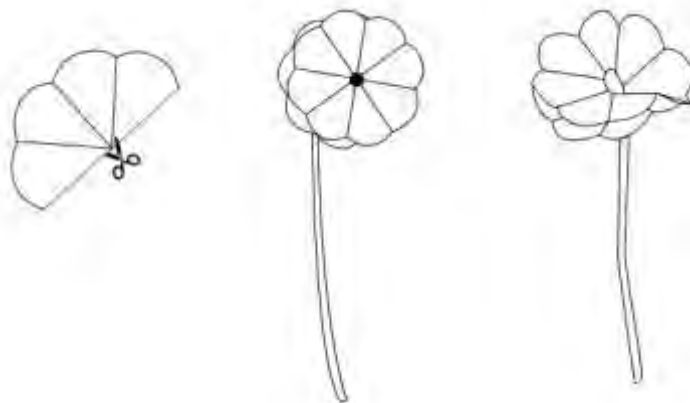


Step 3: Now Mark out a Curve across the open edge of the triangle, one that leave you with even sides and a rounded top. Cut along the curve and open it out to reveal a flower shape.



Step 4: Repeat steps 2 & 3 with your second piece of paper.

Step 5: Cut a small hole in the centre of each flower, then thread through the pipe cleaner and twist to hold in place, ad a blob of glue on the underside for extra strength and stability.



Find A Word

C	F	Y	P	A	L	Q	B	S	L	C	O	S	T	U	M	E	S	G	O
H	I	S	E	R	Z	C	J	M	U	L	D	R	Y	S	P	H	K	L	A
O	T	Z	O	M	B	I	E	S	O	O	E	P	Q	I	W	C	S	I	X
C	W	G	A	U	H	M	G	P	X	T	C	U	I	B	T	A	C	T	O
O	D	K	E	C	T	B	S	A	W	I	L	M	N	K	D	E	S	R	O
L	Y	O	S	I	O	N	P	G	D	H	V	P	Y	M	P	R	B	I	N
A	G	R	O	U	H	K	I	S	I	A	O	K	E	U	B	O	S	C	I
T	N	H	Z	B	I	S	D	M	X	L	D	I	S	O	R	H	W	K	E
E	S	L	O	Q	D	N	E	J	H	L	A	N	T	A	M	A	U	O	T
S	U	M	Y	S	N	O	R	N	B	O	B	G	M	E	O	E	B	R	Y
O	A	P	N	V	T	J	W	E	R	W	D	N	K	B	N	O	F	T	K
J	T	O	L	W	A	S	E	J	P	E	G	J	F	N	S	M	H	R	Z
P	S	K	I	C	R	N	B	O	X	E	N	X	L	Z	T	R	V	E	A
L	N	O	M	O	G	M	X	S	V	N	C	S	U	T	E	U	M	A	F
W	S	W	E	E	T	S	I	G	T	T	A	M	P	J	R	N	C	T	W
B	F	D	I	J	H	N	A	Y	W	S	G	S	P	O	F	Q	I	V	L
H	A	I	G	R	N	K	S	L	E	U	R	O	K	D	O	S	A	O	E
S	W	T	H	S	K	E	L	E	T	O	N	P	H	I	C	K	U	T	U
L	R	O	S	B	S	L	V	Z	L	K	E	F	S	T	A	M	Y	D	E
A	Y	T	Z	P	W	B	R	O	D	W	I	T	C	H	V	Y	L	O	R



Witch

Halloween



Ghosts



Costumes



Monster

Zombies

Spooky

Trick or
Treat

Sweets

Spider Web



Pumpkin

Chocolates

Skeleton



Bats

